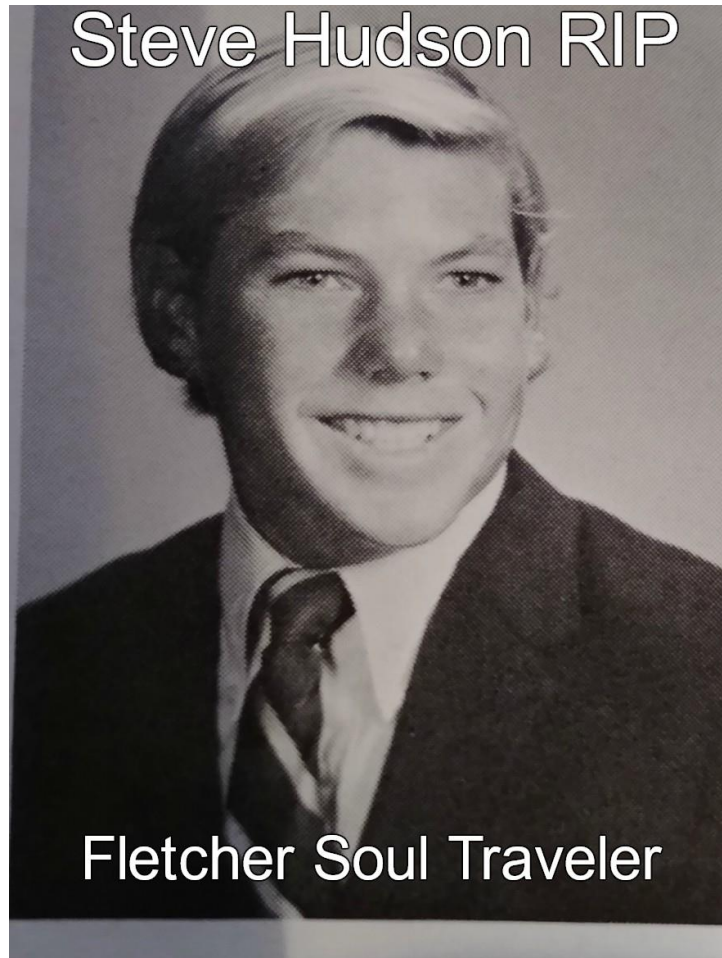


2017

These poems are meant to be pondered over.
There is a message contained in each one.
There is a riddle to be solved.
I hope they may contain meanings for your life.



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Simple Life

I yearn for a simple life.
Day by day we either get more simple or more complicated.
When I have a job interview I always ask about work-life balance.
One company said yes we definitely have a work-life balance.
We want you to work 45 to 50 hours a week.
That's work-life balance.
I usually tell them I didn't come down to earth just to work.
Mind you I've been a software engineer for around 35 years.
I put my heart and soul into my work.
A spiritual path is the most practical path.
It encompasses every moment of your life.
For example, I just started a new job at HR Block as a senior software engineer.
We have a meeting at 7:15 in the morning.
Most of the Kansas City team listens to the call from home.
After the meeting, they drive to work.
Well, I tried that and it took me an hour and fifteen minutes to get to work.
It took me an hour to get home.
Well, I like a simple life.
Why be in rush hour traffic?
So I work out early in the morning and drive to work.
It takes me around twenty-eight minutes both ways.
Take a look at ways to make your life simpler.
I work downtown.
I found out that noon is super crowded at the restaurants.
So I go at 11:00.
At that time there is no crowd.
What I'm trying to say is build your life for simplicity.
Balance your work life and personal life.
Spend time with your kids.
Enjoy your life.
Don't get stressed out in life.
As Bugs Bunny once said don't take life so seriously.
You will never get out of it alive.
It's so easy to get sucked into life.
Our current system is off-balanced.
You have to realize it's up to you to make your life simpler.
Your workplace won't do it for you.
The older I get the more I see the rat race we live in.

We spend so much of our time running in circles.
We live only on Saturday and Sunday.
The rest of the week we limp along.
We only work because we have to.
Learn to be simple.
You will learn how to truly enjoy life.
You can solve this puzzle.

So Many Flavors

There are so many flavors in life.
Look at all the different kinds of flowers.
There are too many different kinds to count.
Look at the stars in the sky.
We hardly see anything.
Recently the Hubble telescope pointer towards the blank sky.
They thought nothing would be there.
To their amazement, billions of stars appeared.
The pictures sent back were amazing.
A part of the universe we never saw before appeared.
Where we thought there were no stars billions appeared.
This creation has so many flavors.
I love to go to the arboretum where I live.
Each season has so many different shades of the color spectrum.
During autumn there are different shades of red and orange.
You can set on a bench overlooking a pond and get memorized by nature.
Nature is the most incredible artist.
In each and every moment magic is in the air.
The earth talks to us.
We just need to listen.
I spent many moons surfing.
Each surf break has its different colors.
The way the waves break.
Where you paddle out.
Where the rip tides are.
Each break has its own custom flavors.
As a kid, I would get to the beach before dawn.
I would paddle out and watch the sunrise over the land.
The colors of the sunrise were different each time.
God was painting incredible colors in the sky.
The universe was in harmony.
I personally think the universe was telling me something.
Stop and enjoy life.
The signpost of God is everywhere.
Learn how to balance your life so you can see them.
Explore your inner and outer worlds.
Each world is united by the thread of love.
This life is a mystery to be solved.

The wise man learns to see the many different flavors of life.
His life is never boring.
Ponder this over.
You can solve this mystery.

So Should We

The wise men in the past showed the way to go back home.
So should we.
Our life would be incredible if we truly found the diamonds inside of us.
Words can't describe the experience.
All the ancient ones used metaphors to describe the experience.
How can you describe the infinite using words?
Words are extremely limited.
They say a picture is worth more than a thousand words.
Well the experience of discovering yourself is worth more than a billion words.
It's priceless.
Yet day by day we don't even know the diamond exists within.
How sad is that?
If everyone knew their true nature peace would be on this planet.
Mankind has been in a slumber for a very long time.
People are slowly waking up.
There are millions of people today discovering their true nature.
Everybody has a piece of the puzzle inside of them.
You are precious.
You are the universe.
You just don't know it.
You were never created.
You are eternal.
You existed beyond time and space.
Does that excite you?
Or
Are these just mumbo jumbo?
Look at science today/
Someday science and religion will discover they are talking about the same thing.
They have different avenues to solve the same puzzle.
Signpost is everywhere.
Present-day science is trying to solve the mysteries of life.
The everyday person is learning how to discover the mysteries inside of them.
I call it an evolution revolution of life.
More people are waking up than ever before.
Since the advent of the internet, millions of people are talking about peace.
People are tired of war.
People are fed up with politics.
They just want the job to get done.

Ponder this over.
Peace is possible.
You can discover your true nature.
After all, it's who you truly are.

So You Want To Be a SuperHero

So you want to be a superhero.
Be careful what you ask for.
A superhero does have its downsides in life.
Imagine going to a restaurant with your lovely life.
It's your fifth wedding anniversary.
You're enjoying your intimate meal together.
When all of a sudden a mob of people approach you for an autograph.
Your intimate dinner goes away.
Imagine having to have bodyguards protecting your every step.
That would be a drag.
You no longer drive your car but you have a chauffeur.
Your freedom just got more limited.
You now have two more people constantly in your life.
You will probably have an agent.
This agent will give you jobs.
Some of them you will like and some of them you won't.
You might get typecasted for a role.
You only get cast in this sort of genre.
Imagine waking up and some photojournalist writing a story that isn't true.
They used photoshop to smear you.
You file a lawsuit.
It takes over a year to settle out of court.
In the meantime, you ask yourself is this worth it.
Where am I going in life?
I don't want to be a superhero any longer.
My mansion really isn't all that was cracked to be.
I have all these servants.
Yet am I happy?
This superhero business is not for me.
Slowly one by one you drop things in your life.
You sell your mansion and move to a trailer park next to the ocean.
You sell your limo and buy a beat-up car.
You learn how to surf.
You learn how to do yoga and meditate.
You stop drinking and taking drugs.
Over time you discover your true essence.
You become a superhero yet no one will know it.
You have found the jewel inside of you.

All you can do is smile.
You have nothing to hide.
Ponder this over.
So you want to be a superhero.

So You Want To Be Famous

So you want to be famous.
Is being famous all that is cracked up to be?
Yet if one is famous and is kind that's another story.
If one is famous and is discovering his true nature that's another story.
But if one is famous and flaunts his ego around like a peacock.
If one declares I can grab any woman by the pussy and get away with it.
That's called sexual harassment.
That's called being a sexual pervert and egomaniac.
Being famous can either uplift you or degrade you over time.
Now I really respect the Obamas.
They had power but were humble in nature.
They always reached for the high road.
They weren't perfect.
Show me someone who is.
But they had an aura of kindness, love, and compassion around them.
Many people have different opinions than I do.
They didn't see that at all.
Sometimes I think because someone has a different point of view we wear tinted
glasses.
We would probably say the same thing to Christ if he ever came back.
Where's the love?
I can't see it.
Being famous has its responsibilities.
Our youth look up to you.
Your actions are monitored by everyone.
You must be humble and not arrogant.
Not everyone can do that.
Today we have professional athletes who taunt their opponents.
In Newport Beach decades ago a young athlete had ragging parties way into the
night.
His neighbors couldn't sleep.
Look I'm not saying don't party.
But be considerate of others.
You are not King of the hill.
You are just like us.
A human being.
Ponder this over.
So you want to be famous.

Something Out Of Nothing

Can you imagine something created out of nothing?
The current theory is the universe was created from a big bang.
In one small instance matter was thrown throughout the universe.
The universe slowly got created.
It took billions of years for life to appear on this planet.
The universe works in slow and mysterious ways.
I think current-day scientists are getting their minds to blow on all the discoveries.
I am just reading all the new discoveries.
Today scientist is contemplating the field.
Imagine the field is a multidimensional energy that exists beyond time and space.
It's the glue that ties the universe together.
At this present time, no instruments known to man can detect it.
It's not dark matter.
I'm amazed that the ancients in the past talked about this.
They didn't say it with today's lingo.
Yet in essence, they said you are the universe.
You just don't know it.
I'm so happy that I see many articles saying the same thing.
Recently I read a scientific article that said our brain acts like fiber optics.
They said the mystics probably had channels open to being receptive to the light within.
The more they meditated the greater the light.
At some point they became enlightened.
Isn't it that interesting the word enlighten contains the word light?
Maybe science and religion are talking about the same thing.
Mystics were modern days scientists.
Their science lab was living inside of them.
How did the ancient Mayans understand so many different kinds of calendars?
They had one which lasted around 24,000 years give and take.
It ended in 2012.
No, it wasn't the end of the world but the end of their calendar.
On January 1, 2012, another calendar was put up on the wall.
It was not Armageddon
Maybe the mystics knew much more than what we do.
I hope to see the day when scientists and mystics work together.
Now that will be the day.
Both sides of the coin will help mankind evolve.
Ponder this over.
Exciting times are ahead of us.

Sometimes Ignorance Can Be Bliss

Sometimes ignorance can be bliss.
I remember when I was a teenager.
I traveled around the world.
I went to some countries that would consider quite dangerous today.
Places like Afghanistan and Pakistan.
Yes, sometimes ignorance can be bliss.
I hitchhiked from Kenya to South Africa.
It was an incredible journey.
In Tanzania, the Chinese were building a railway.
Thousand of chances truck drivers drove down a dirt road blowing dust
everywhere.
I saw a man shoot a cow and said: "that was an elephant".
In Mexico, my girlfriend and I got shot at walking down a path near the beach.
Yes, sometimes ignorance can be bliss.
We all work through ignorance in our lives.
It seems at times our angels are looking at us.
Not sure if you believe it or not.
When I was around four years old my brother and I had a great idea,
We decided to see what would happen if we put a match in the gas tank of my
dad's car.
We had a whole pack of matches.
Every time we place a match near the gas tank it went out.
Soon we gave up.
Sometimes ignorance can be bliss.
I truly believe some force was protecting my brother and me.
Call it God or the universe but my brother and I are lucky to be alive.
I'm sure all of us have felt that way sometime in our lives.
You may have gotten in a serious car accident.
You may be a cancer survivor.
But some unknown power gave you the strength that you are still alive.
Sometimes stupid mistakes can be a blessing in disguise.
How many incredible inventions were made by ignorant mistakes?
Countless.
Yes, sometimes ignorance can be bliss.
I truly think that we will always be ignorant.
Even if you become one with the Sun, Moon, and stars you will never truly know
the mysteries of God.
You can never clap your hands and say I've mastered the secrets of the universe.

Ponder this over.
Look at your life and see ignorance is bliss.

Somewhere Along The Line

Somewhere along the line, we got lost.
Imagine being born and knowing you are the universe.
You are one with your creator.
You are held in his arms.
Day by day it slowly slips away.
At some point in time, you have completely forgotten your true nature.
You may feel totally alone in this world.
Some people then begin to question life.
Who am I?
Where is my true home?
What is death?
You begin to question the purpose of life.
While others never ask any questions.
They simply live their lives.
Each one of us is on our own distinct path in life.
God does not judge us.
We have free will.
Ultimately the raindrop returns to the ocean of life.
When we die every single human return to the ocean of life.
Every single human gets a standing ovation.
You see this is the endless wheel of life.
Each journey we learn along the way.
We are ultimately refining ourselves.
We slowly are pulling the weeds within.
Nobody can pull the weeds for us.
This is a fact of life.
That's why it's called self-realization.
You master yourself.
You conquer your negative emotions.
Anger is a thing of the past.
Love, kindness, and compassion is your true nature.
This is your true nature.
We all have clouds covering the sun within.
As I said numerous times the spiritual path is the most practical path.
In each and every moment we are consciously refining ourselves.
It's a joy to do
I can't think of anything better to do.
In each and every moment we can consciously improve and grow in life.

We can learn to truly live in the moment.
We can discover our true nature.
Ponder this over.
These are incredible times for humanity.
The world is slowly waking up from its slumber.

Stand In The Light

Stand in the light.
If you want peace on earth, stand in the light.
Be like a lighthouse.
Send your light to everyone.
Darkness is the absence of light.
The light dispels darkness upon this land.
When you truly embrace the light inside you dispel your own darkness.
Anger, hate, and intolerance go away.
Kindness, Love, and Compassion rule in your life.
The world becomes a better place one by one.
Peace can prevail on this earth.
It doesn't matter what religion you have.
It doesn't matter your race.
It doesn't matter your creed.
You can shine your life inside and outside.
You can make a huge difference in your life.
You can make a huge difference to others.
The greatest gift to mankind is to shine your life.
Mankind has been living in darkness for ever so long.
We have been lost and yet we think we have been found.
Our egos think why do we need the light?
I'm used to the dark.
Well, what have we accomplished?
We have never solved any solutions by going to war.
We think war is the answer to peace.
But war has never brought peace.
War is obsolete.
Peace is the way.
Shining your light is the way.
Incredible times are upon us.
A great shift has occurred.
The sails of the universe are blowing us toward home.
Nothing can stop us.
Mankind is waking up from his slumber.
This is the greatest time to be alive.
Mark my words peace will be on earth.
Granted it will take time.
Two steps forward, one step backward.

The end is in sight.
Stand in the light.
Ponder this over.
You are a piece of this puzzle.

State Of Bliss

When I was young I read the book the Autobiography of a Yogi.
This book totally turned my world upside down.
To this day it's still fascinated me.
Steve Jobs gave away hundreds of these books.
I was driven to learn about the path of the Yogi and the mystic.
In this book, Yogananda describes a state of awareness called bliss.
The Indians have a phrase well-known all throughout India.
Jai sat chit ananda.
True is the consciousness of bliss.
When the mind is aware of truth the consciousness is of bliss.
To be honest I really didn't understand this concept until I went to India.
I was just starting to learn how to meditate.
I was what you might call an eager beaver.
My whole mind, body, and soul wanted to know the truth.
For me, the east represented a practical pathway to the unknown.
For some reason, I loved to meditate.
I had a knack for it.
It was difficult at first.
I had an incredible initiation.
That initiation provided me with the wisdom and experience which continues to
this day.
It's like a carrot on a stick.
I was shown the ultimate.
The door was pushed wide open.
Words can't describe the experience I had.
Yet I knew that by practicing day in and day out my life would change forever.
I had proof of the pudding.
To this day I'm totally amazed at finding the diamond within.
I hope you find this inspiring.
Many of my friends weren't interested in the least.
It's sad to see that when we are young we strive to find happiness outside of
ourselves.
Yet the entire time happiness exists inside of us.
I've learned that each of us is on our journey in life.
We are all going back home.
To the ones who want to know and discover the inner jewel you can.
Never has there been a point in time where the light is greater on this planet.
You truly have the potential to discover the light within.

Ponder this over.
You can solve this riddle.
Mankind is slowly waking up from his slumber.

Steve Hudson RIP

Steve Hudson rest in peace.
Steve was a good childhood friend.
He was a surfer and loved the ocean.
We were in with a great group of friends.
All of us loved the ocean.
The ocean was a part of our life.
I always remembered Steve's smile.
It lit up his face.
Steve had a great sense of humor.
His mind had a lot of wits.
I only saw Steve two times since high school.
We were both living in Hawaii.
Steve lived on the Big Island and I lived on Maui.
We had a great time reconnecting.
It seemed just like yesterday that we played in the ocean.
Steve now has kids.
The circle of life goes on.
I will miss Steve but I know that he is still alive.
You see the body dies but the soul lives forever.
The essence of Steve lives forever.
Sure I miss the physical.
That's only natural.
Yet death is like a butterfly flying into the night.
Death is returning home.
Everyone gets applauded on the other side.
You see we are eternal.
That essence of Steve lives in our hearts.
Isn't that amazing that when a person dies they merge with the universe?
Their true essence never dies.
To realize this our perception of death changes.
Sure we will still have the pain but it will be less.
Can you imagine dying and becoming one with the universe?
Wow.
Every single one of us will return home someday.
I will miss Steve.
Yet a part of Steve exists inside of me.
I can still see his smile.
Steve rest in peace.

It was an honor to know you.

Steward Of Mankind

Steward of mankind.
If there was someone who I would vote for would be the following.
Those who are kind to one another.
Those who love their fellow man.
Those who help others in need.
Those who have love and compassion.
Those who practice what they preach.
Those who are humble.
Those who are pulling their own negative weeds.
Those who are tolerant of others.
Those who are open to new ideas.
Those who truly listen.
Those who speak from their heart.
Those who watch what they say.
Those who are aware of their mistakes.
Those who learn from their mistakes.
Those who love to laugh.
Those who love to sing.
Those who love to dance.
Those who love to listen to music.
Those who love God.
Those who love nature.
Those who are striving to know the universe.
Those who have helped humanity along the way.
Those who love to meditate.
Those who love to pray.
Those who educate our young.
Those who are activists.
Those who smile in life.
Those who donate their money to good causes.
Those who help the needy.
Those who teach their children with kindness.
Those who love adventure.
Those who love to travel.
Those who love poetry.
Those who love to read books.
Those who like play.
These are in my eyes the stewards of mankind.

I bow down to them all
They in their own way are uplifting humanity.